



Resources to support your child's learning and development in preparing for preschool

Beginning preschool is an important and exciting time for young children and parents/guardians alike. Many parents/guardians wonder if there is anything that they can do at home to support their child's learning as they get ready for preschool, and the answer is 'Yes, there is!'

This information sheet provides links to videos and tip sheets with some practical advice for parents/guardians.

Supporting learning through play



Providing opportunities for your child to play and to communicate is important for their learning. Watch this two-minute video: [Key messages for parents on supporting children's learning and development](#).



Providing opportunities for your child to play inside and outside is important for their learning. They build relationships as well as learning about the world and the people and things that are in it through play. Read this [tip sheet](#) for ideas on how to help your child get the most from their play.

Learning through play is important for developing your child's independence, curiosity and resilience. You might like to learn more about this in the tip sheet: [Helping young children to develop positive learning dispositions](#).



Providing opportunities for your child to develop their imagination and to be creative through playing with cardboard boxes and household and recycled materials is important in supporting their learning. Watch this two-minute video: [Open-ended play resources](#).

Supporting learning through movement



Providing opportunities for your child to develop running, jumping, climbing and ball skills is important. Read this tip sheet to find out ways to support your child's physical development: [Nurturing children's physical well-being through Fundamental Movement Skills](#).



Supporting learning through early literacy



Reading stories to your child while also talking to them about the stories and the pictures is important. Use this time to introduce new words and ideas. You might even read a story about a child starting preschool! This tip sheet [Enjoying books](#) gives some ideas on choosing books and reading with your child. Here is a suggested list of books to enjoy with your child: [Toddler Reading List](#).



Speaking and listening to your child as well as pointing out words at home and in the locality will introduce them to the world of language—spoken and written. Read this tip sheet for practical ideas on introducing reading and writing to your child in an age-appropriate way: [Helping your young child to read and write](#).

Supporting learning through early maths



There are lots of ways you can support your child's maths skills at home. Watch this two-minute video: [Supporting mathematics: key messages for parents](#) to learn about the importance of your child playing with blocks, sticks and other similar items. Talking with your child about shapes, patterns and counting is also important.



Providing opportunities for your child to take part in and talk about everyday household tasks like shopping, setting the table and gardening is important. Read this tip sheet for more ideas on helping your child to understand maths: [Helping your young child with maths](#).



One area of maths is 'measure' and having the words to talk about 'measure' will be helpful for your child's learning. Read this tip sheet for ideas on how you might introduce your child to 'measure' vocabulary: [Learning about measure](#).